

# Change Your Money Story!

Implement at least one exercise weekly to see miracles unfold!

## *Remember that money is energy!*

Money is simply a part of the physical living process. It establishes value for everything we use. **Money is neutral** - it is not bad, evil, unspiritual, materialistic... It is an **exchange of energy**. It enables transformation. All other feelings we associate with money are our own. We are the ones, through our thoughts, feelings, emotions, and actions - who assign energetic qualities to money.

You know the Law of Attraction: like attracts like. Therefore, your own vibration about money attracts your level of abundance and your experience with money. Money, after all, is only an indicator of how you are energetically participating in this great dance of Life.

Consider this definition of money by John Randolph Price:

## **MONEY IS MY OWN NATURAL ENERGY YIELD**

Let's be clear: your current income is a perfect match for your current vibrational state. That's why it's your income! You are in energetic resonance with whatever amount of money is currently in your bank account. Therefore, if you want to attract more money into your experience, you have to expand your vibrational state! You have to be willing to **RECEIVE** more energy, and to **LET GO** of old ways of thinking and behaving.

Money is linked to your thoughts, feelings and actions. This is very important to know because studies in neuroscience show that the subconscious mind is 85-90% of your mind and it's where you store all your beliefs, memories and automatic behaviours.

## **LEARN HOW YOUR SOUL CAN LEAD IN YOUR BUSINESS**

**Book a conversation with me: I will share with you how your Soul Gifts and your Soul Blueprint can guide you in creating the best, the most satisfying, the most abundant business - tailor made for you!**



### **About Jaz**

I discovered the Akashic Records after my first Reiki training – and they've opened doors to wisdom and insights that helped me transition out of my government job and into this beautiful, soul-rich business I love!

The Soul Realignment® method helped fast track my clients' businesses by showing the most optimal blueprint, and which mental habit or past life experience is blocking or sabotaging the present.

I love combining the rich wisdom of the Akashic Records, with the gentle healing of Reiki and the insights of the Tarot to provide customized and soulful guidance to my clients. After only a few sessions, they feel more confident, joyful, and deeply nurtured.

**Are you ready to start shifting your relationship with money?** Implement at least one of these activities per week, and see miracles unfold in your life! They will help break you out of old habits linked to “lack” and magnetize your abundance vibe. Remember: you’ll have more success when you approach these activities with playfulness instead of obligation or seriousness.

1. **Play this version of “Secret Santa”:** Gather at least 10 “loonies”. Go to various stores, and leave a loonie here and there... in the pocket of a shirt or pants you try on; on the sidewalk; in a mug... anywhere someone can find this lovely surprise and thank her lucky star (that’s you!!).
2. **Pay it forward:** When you purchase your coffee or tea, purchase one for the person next in line.
3. **Morning affirmation:** As you wake up in the morning, when you’re still a bit fuzzy from sleep... practice this thought: “I wonder how many wonderful ways money will find me today.” Then stay open and receptive to the surprises you’ll get!
4. **Affirm that you WANT money.** Practice this muscle everytime you find a dime, or receive your paycheck, or get a free treat: “Thank you Universe! This is fun, I love this money, and I want more!”
5. **Anoint your money:** Scents have such a great impact on our brain chemistry! Practice using a scent that feels rich and abundant to you: this can be cinnamon, wild orange, frankincense\*... Place a few drops of essential oil in the palm of your hand, find a happy money thought as you rub your hands together, smile, and inhale the scent for at least 3 deep breaths. Now handle your money or your wallet; the oil scent will transfer to your money and wallet. Each time you smell this “magic potion”, you will be triggered to feel happy about money. (And other people will think that your money smells nice, too, and it will make *them* happy - true story!)
6. **Bless your money:** When you pay bills, your meal at the restaurant, your gasoline... Give it with grace and gratitude. Bless your money as it goes, so the energy of abundance can continue to prosper in your life, and in the lives you touch.
7. **Create a money altar:** Have a special table in your home (in Feng Shui it would be the far left corner of your home as you enter the front door) where you create a special space for abundance energy. Add items that make you feel abundant: coins from places you’ve travelled; a laughing buddha; family photos; a vision board; jewelry; crystals... Find what makes you feel good, grateful, and happy to receive. Use your special blend of essential oils\* to anchor the feelings of abundance.

These simple tips will help you shift your money vibe and become more magnetic to abundance. Have fun, and remember to visit my Facebook page to let me know what small or big miracle you notice!

*\*If you want help finding the right essential oil for money manifestation, email: [jaz@deliberatesoulcreation.com](mailto:jaz@deliberatesoulcreation.com)  
Visit: [deliberatesoulcreation.com/potions-brews/](http://deliberatesoulcreation.com/potions-brews/) to learn more, and:  
<https://www.mydoterra.com/magicwithjaz> to browse and purchase some of the best oils available!*